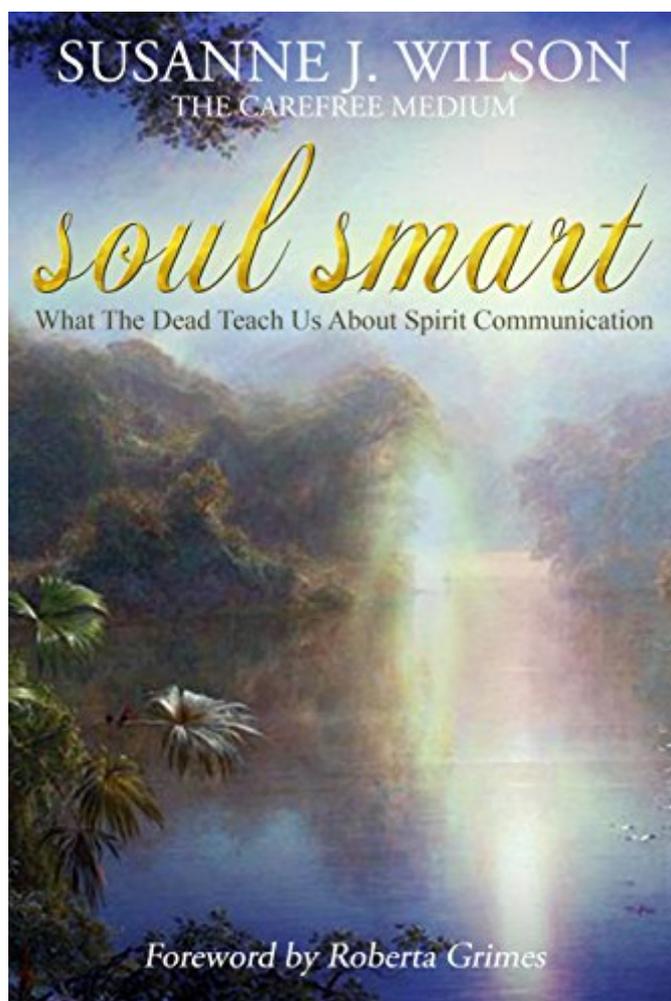


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# Soul Smart



## Synopsis

Susanne Wilson, a gifted medium, explains that you don't have to "lose" your loved ones just because they transitioned to Heavenly home. Death is simply a change of address. You have your own unique team of guides, angels, and beloved people and pets in spirit who wish to speak with you, just as much as you wish to hear from them. Susanne has spent years documenting what the dead and higher-vibrational beings, including spirit guides and angels, have described about how they communicate with the living and what they need from us for good communication between our worlds. Soul Smart is a handbook of fresh tips and easy-to-follow steps that anyone, even a beginner, can use to connect with guides and loved ones in spirit. Now you can fully receive all of the love and support that is your birthright as a spiritual being who is living on Earth.

## Book Information

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## Customer Reviews

An interesting and informative read

Terrific book and author. I bought five and gave them away as gifts to my family everyone should read this book shirley

As Susanne's sister, my review is certainly not objective, but I do have a unique opportunity to provide feedback and verification of many of her experiences throughout her life. I am a first-hand witness to many of these events and revelations detailed in her book. I can honestly say, it's all true. Our family has a long history of what they used to call 'seers' and she's been one since we were kids. The mind blowing examples of spirit communication in her book are real experiences, with real people. Knowing the validity of her interactions and direct communication with other worldly beings, I do believe she has an insider view of what's waiting for us when we pass on. Some of her (and many other's) beyond life descriptions may seem far-fetched. But given that many mediums obtain the same information, it's possible these explanations are merely beyond our understanding. But you obviously have no reason to believe me. The proof is in the pudding. If you purchase the book and follow her simple tips to communicating with your loved ones, you WILL have results exactly as she describes.

If you are new to world of mediumship, browsing for a good read, or a well seasoned traveler on this journey of who we are, there is something for you in this well written book. Susanne's presentation is like taking a class to learn about soul communication. She not only presents her life story that brought her to develop her natural mediumship, she also has stories of validations in readings and signs by spirit, synchronistic events, how to recognize spirit guides and angels in your life, dream visits, tips and techniques to make your own connections with loved ones. I have read numerous books on mediumship, mediums, afterlife studies. This book is one of my favorites! I hope you enjoy it as much as I did/do!

Soul Smart is a great addition to the rapidly growing literature on spirituality written primarily by mediums or students of their works. Other books in this genre can leave the reader feeling as if only highly talented, genetically predisposed, and well-trained individuals can communicate with spirits. In contrast, author Susanne Wilson, a professional medium, points out that everyone communicates with spirits routinely, whether we know it or not. Often people dismiss attempts by spirits to communicate as coincidences, wish fulfillment, or meaningless hallucinations. Wilson normalizes speaking with dead people and provides simple techniques anyone can use to enhance that communication. In this respect, Soul Smart fills an important gap in this literature that some refer to as the New Revelation. This revelation concerns the spiritual nature of human beings, the purpose of life, the continuity of consciousness after the physical body dies, and what people do while

discarnate (e.g., conduct a past life review, decide upon the need for another incarnation, study universal laws, serve as guides). Susanne Wilson is a certified mental medium who discerns details that provide evidence of the identity of a spirit. She has undergone stringent laboratory procedures developed by Professor Gary Schwartz at the University of Arizona that suggest her accuracy is close to 85% (it is rare for a medium to do better than that in controlled settings). So the reader can feel fairly confident about the veracity of what she has to say about the nature of spirit and the afterlife. *Soul Smart* is divided into two parts plus appendices. In Part 1, there is a clear and concise summary of the major spiritual concepts that have been relayed over the past century. Wilson describes how she has experienced spirit communication since childhood and how she learned the hard way that a pure profit motive interferes with this ability. Examples of other topics in Part 1 include the death process (including for children and people who committed suicide) and the activities people undertake while discarnate. One of these activities is for a spirit to learn how to communicate with people who are incarnate. However, as with all communication, it is a two-way street. In order to learn how to better talk with dead people, Part 2 and the appendices list a variety of techniques that can initiate communication as well as ways to recognize attempts by spirits to communicate. Techniques primarily involve the use of specialized meditation and invited dream visits. Clues that a spirit is talking include not only dream visitations but also recognition of symbols, particularly in the form of unusual behavior of insects, birds, and other small animals. Wilson is not alone in her assertion that communicating with spirits is a natural thing to do. Researchers (e.g., Arcangel, Guggenheim) have found that at least 60% of people report spontaneous spirit communication but are often afraid to share those experiences. The fear pertains to being judged negatively, eschewed, and even diagnosed as having a mental disorder. The fields of Psychiatry and Psychology are OK with prayer but pathologize anyone who gets a response! So the prevalence of spontaneous spirit communication is probably much greater than 60%. In addition, some psychologists (e.g., Botkin, Greer) have utilized speaking to spirits as part of psychotherapy for a range of problems in living, including complicated grief and post-traumatic stress. In other words, communicating with spirits is not only normal and natural, it is also healthy. The writing is clear, concise, and straightforward. Concepts are simplified for the novice to this literature. Perhaps sometimes a bit too simplified. For example, the author refers to "vibrations" and the "astral plane" without providing a definition of these terms. It is recognized that spirits experience grief and love but little is said about other emotions such as anger, fear, and jealousy (desire to emulate). I also think that the notion of "lower realms" is dealt with too concisely. There is brief mention of "negative" entities called Collectors but the origin and nature of

them are unspecified. This is an important issue because the New Revelation literature in general tends to reject the notion of a Satan and a Hell so I wish the author had addressed this issue in greater detail. For these reasons I offered 4 stars. Overall, I highly recommend this book for a summary of the New Revelation literature and most importantly for the instructions provided on how to recognize and enhance communication with dead people.

I love love love this book...easy to read and so comforting for those of us who have lost loved ones. From her year's of mediumship Susanne is able to give a beautiful clear picture of what the afterlife is really like. Susanne's meditation transcripts are wonderful and easy to follow. This book is a must for anyone grieving. I highly recommend a copy for your personal library as it is a book you will refer to from time to time.

This kindlebook of Soul Smart by Susanne Wilson is very therapeutic for people who believe in celestial spirit ally teams and connection with the higher self. Wilson gives different techniques for reaching out to a person's celestial ally team, a friend and/or family member in spirit, ways that celestial connection and signs are established. I confess that I only realized that a person's spirit guide actually needs and wants a person to be persistent in making contact not just for the person's spiritual development but for theirs as well. I have also been exposed to great information about subject matter spirit guides and why it is important to pay attention to their help especially when it is asked for (important and timely for me to know in my pursuit of being in the process of improving my writing and become an even more skilled writer).

I can usually mark my place and put a new book down, going about my day doing what I need to do. Not with this book!! I cannot tell you how uncomplicated, practical and straightforward this information is. I've usually had to wade through books on this subject, being given nebulous information at best, always trying to figure out why there were no definitive answers to my questions. This book tells it like it is! If you want a truly inspiring and comforting book written with love & years of validated experience, then this is it for you. You receive actual instruction on what you can do to connect with your guides and loved ones that have passed on - fascinating and WORKABLE! So go for it, you'll be so relieved to know that you're always loved and never alone!

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